



MOUNT RINJANI TREK – Crater Rim & Lake – Departing from Senaru

Tour Duration: 4 days

Brief: Rinjani Trekking Summit 4 days 3 nights package start from Sembalun to the crater rim, summit Mount Rinjani volcano and back to Sembalun village. This program is suitable for **beginner climbers** and those who would like to experience the natural beauty of Mount Rinjani

Note: All guests are required to carry down any personal rubbish at the end of the trek

Itinerary:

Arrival day:

Guests are picked up at the airport of Lombok or their accommodation on Lombok and transferred to the hotel in Senaru. Meet the trekking guide who will provide guidance so guests may better prepare for the trek.

Day 1:

Wake up at 6:30 am and get breakfast. After that, we'll walk for 10 minutes to the Rinjani Trek Center Senaru to register. Trekking Rinjani start from the Rinjani Trek Centre Senaru around 08:00, start to walk through dense tropical forest rich in flora, bird life and variety of butterflies. Stop a break we'll take at Post 2 Montong SATAS shelter (1,500 m) for a cup of tea with some biscuits. After the break continue to trek up for 2 hours to Pos 3 Mondokan Lolak (2,000 m) for a break and lunch.

We will immediately leave Pos 3 after lunch and up to Senaru crater rim (2641m) for 2 hours. Senaru crater has the most spectacular view after the peak. We will enjoy an incredible sunset over Mount Agung in Bali and the smoke from the new volcano on the edge of the lake and camp here for the night.

Day 2.

After breakfast we will continue the trip down to the lake and hot water. Trek down to the lake steep and somewhat slippery, which takes 2.5 hours to reach. We stopped at the Lake side to rest. Here we can enjoy the view of the lake, swimming in the lake and bath in hot water can soothe away your aches and pains after a trip. Porter we will prepare lunch for us. Dinner and spend the night at lakeside (2000 m).

Day 3.

We'll leave the lake after lunch and climb up to the Sembalun crater rim (2639m) for 2.5 hours, We will camp the night at the crater rim. We can enjoy the awesome views of sunrise and sunset. On a clear night, we will be able to see the Milky Way.

Day 4.

We wake up around 2:00 am under the cover of darkness with a hot drink and a light breakfast. We will start heading to the summit of Rinjani at 3:00 am. We start with a moderate steep trek, followed by a fairly easy but longer trek. Final approach that involves climbing up steep volcanic scree looser.

At 6:00.am We can reach the summit (3726 m) with a beautiful sunrise, and panoramic view of Lombok island, the island of Bali, the island of Sumbawa and Segara Anak Lake.

After that, we will descend into the crater rim Sembalun within 2 hours and have breakfast here. Then will continue to go down to the village Sembalun, which takes 5 hours to reach. Car will take us to the village of Senaru and we'll transfer to your the next destination.



Our vehicle will then take you to your next destination.

Includes:

Licensed and Experienced:

- Mountain Guide
- Local Porter

One night's accommodation before the trek.

All camping equipment:

- Tent
- Sleeping bags
- Bed Mats
- Toilet Tent
- Pillow

Mount Rinjani National Park entrance fee

All meals (3 per day)

Transport to and from trek start location (additional charges may apply where pickup is beyond Senggigi / Mangsit areas)

Equipment for guests to bring:

- Day pack
- Torch or head lamp
- Trekking shoes / boots
- Toiletries
- Insect repellent
- Sun block/lotion, hat/cap, sun glasses
- Spray for muscle/balm
- Camera, Handy cam (Manual or Digital)
- Small towel
- 2 or 3 T-shirts
- Long trek pants/wind proof
- Windproof Jacket
- 2 pairs of shorts
- Trekking stick (optional)
- Sandals (optional)
- Swimming Suite (optional)
- Binoculars (optional)
- Extra trail snacks (we supply fruits, biscuits)
- Fishing Gear (optional)
- Plastic Garbage Bag (optional but highly recommended)

TAKE NOTHING BUT
PHOTOGRAPHS



LEAVE NOTHING BUT
FOOTPRINTS



PLEASE DON'T
LITTER



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